

SUMMER TERM (2) 2010

WEEKS 1 & 4 *Weeks commencing: 14.06.10(1) 05.07.10(4)*

	MAIN COURSE	VEGETARIAN MAIN	DESSERT
MONDAY	Roast British Pork, roast potatoes, seasonal vegetables & apple sauce	Roast Pepper filled with vegetable couscous, mixed salad	Slice of marble cake
THURSDAY	Homemade Chicken Goujons with vegetable rice & mixed salad	Jacket potato and mixed salad with tuna mayonnaise OR cheese (please state TUNA OR CHEESE on order)	Fruit Yoghurt
FRIDAY	Homemade Beef Burger served in a non-seeded bun with mixed salad	Homemade Veggie Burger served in a non-seeded bun with mixed salad	Homemade Fruit Flapjack

WEEKS 2 & 5 *Weeks commencing: 21.06.10(2) & 12.07.10(5)*

	MAIN COURSE	VEGETARIAN MAIN	DESSERT
MONDAY	Roast Beef, Yorkshire pudding, roast potatoes, seasonal vegetables	Macaroni Cheese & cherry tomato salad	Homemade Fruit Jelly
THURSDAY	Quiche Lorraine, new potatoes, salad	Cheese & Tomato Quiche, new potatoes, salad	Slice of Iced Madeira Cake
FRIDAY	Meatballs in a fresh tomato sauce & spaghetti	Quorn balls in a fresh tomato sauce with spaghetti	Mixed Fruit

WEEKS 3 & 6 *Weeks commencing: 28.06.10 (3) & 19.07.10 (6) (Monday only this week)*

	MAIN COURSE	VEGETARIAN MAIN	DESSERT
MONDAY	Roast chicken, roast potatoes, stuffing, seasonal vegetables	Baked Tomato & Mozzarella Pasta, mixed salad	Homemade Fruit Muffin
THURSDAY	Poached Salmon, new potatoes, seasonal vegetables	Mild Vegetable Curry & Rice	Homemade Fruit Trifle
FRIDAY	Homemade Lasagne with mixed salad	Homemade Vegetable Lasagne with mixed salad	Chunky Fruit